

# 8 SIMPLE WAYS TO MAKE FASTER PROGRESS

**THE GUITARISTS GUIDE  
TO BETTER RESULTS  
IN LESS TIME**



[www.beginnerguitaracademy.com](http://www.beginnerguitaracademy.com)







# Hello...

I'm Paul Andrews, founder and teacher at Beginner Guitar Academy, the online guitar school.

Thank you for downloading this checklist. Over the next few pages you will learn 8 simple ways to get faster results when learning guitar.

These ideas have been tried and tested by thousands of students from all over the world who have found success through their application.

So grab a drink and a comfortable chair and let's get rocking...

*- Paul Andrews*



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# 1 HAVE CLEAR GOALS

What is success for you? Playing a certain song, playing to an audience, writing your own song or just escaping the pressures of life?

Whatever it might be, it is important to know what success looks like for you.

Something to help you get started is to make an ultimate song list. This is a list of all the songs you would like to play which will help set you off in the right direction.



 *Action Plan*

- HAVE A CLEAR GOAL TO AIM FOR
- CREATE AN ULTIMATE SONG LIST

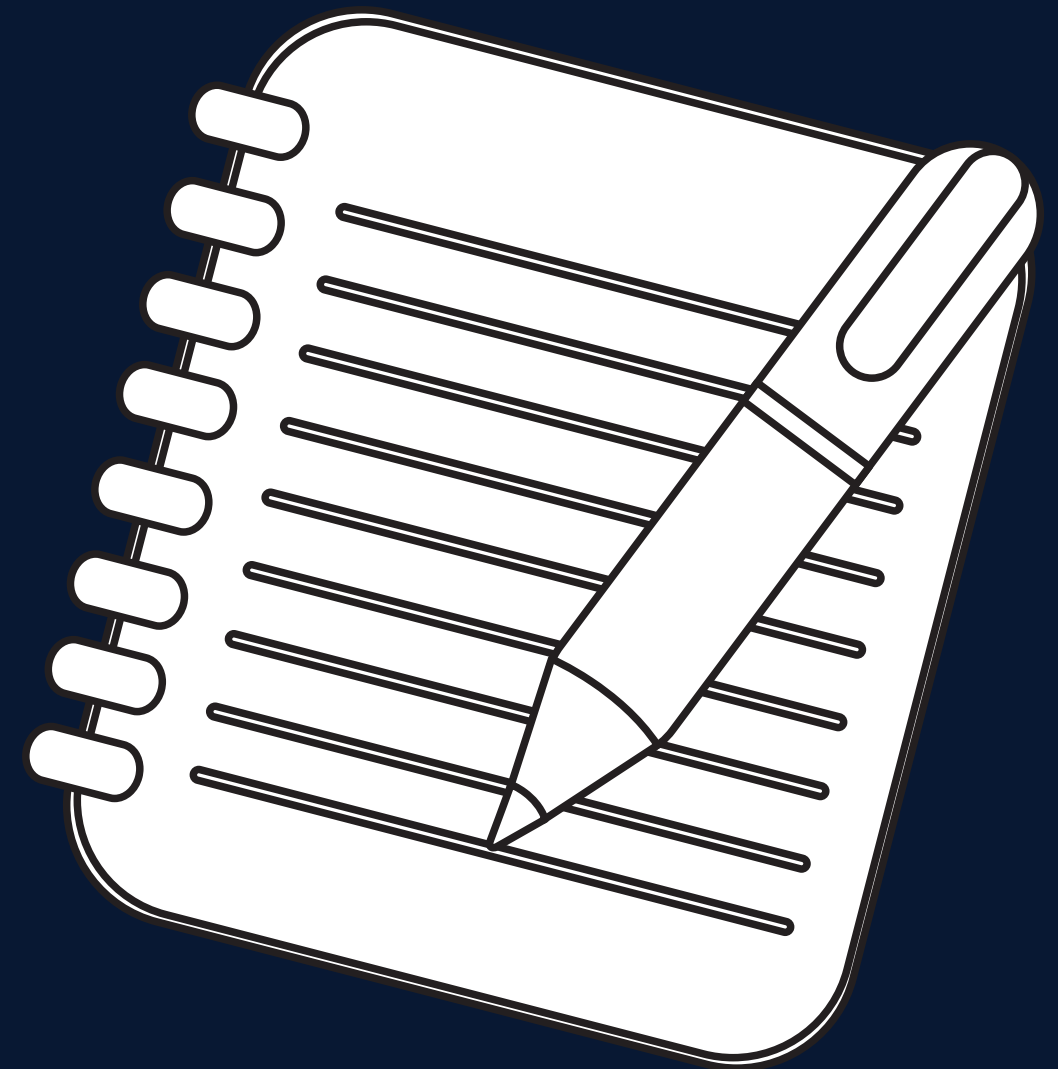


## 2 RECORD YOUR PRACTICE SESSIONS

Using a notebook to record your practice sessions is a great way to track your progress over time, which can easily be missed from day to day.

Start by recording the following:

- Date and time
- What was practiced
- How it went (good or bad)
- Any thoughts or insights
- Anything else of interest



*Action Plan*

- GET A NOTEBOOK JUST FOR PRACTICE
- START RECORDING YOUR SESSIONS







# 3 KEEP A PRACTICE LOG

Keep a log of your daily practice minutes, this is to show your effort and to track consistency.

Then, in another column keep a running total for the month by adding all your daily practice times together.

At the end of the month you will have the total minutes practiced for the month. Compare your monthly totals to help bring out your competitive side.



*Action Plan*

- CREATE A PRACTICE LOG
- WRITE DOWN YOUR MINUTES





# 4 DON'T PRACTICE MISTAKES

The trap many guitarists fall into is when they play something wrong they keep playing it wrong, hoping they will eventually get it right.

The problem with this is you can learn to play it wrong just as easily as you can learn to play it right.

Instead of going around in circles, if you make three mistakes in a row, make it slower, shorter or simpler.



*Action Plan*

AFTER THREE MISTAKES IN A ROW MAKE IT:

**SLOWER   SHORTER   SIMPLER**







# 5 SETUP A PRACTICE SPACE

There is a reason Batman has a cave and Superman has a Fortress of Solitude, so their partner can't get them to do jobs and instead they can focus on their guitar playing 😂

Set yourself up in a quiet place in the house or even a corner of the room which you can call your own.

In this space you want to make practice easy by having everything you need out and ready to go.



*Action Plan*

- GUITAR ON STAND OUT OF CASE
- TUNER, METRONOME & PICKS





6

# JUST THE RIGHT CHALLENGE

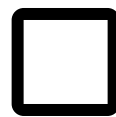
When choosing something to play it is important to choose something that is going to stretch you but not break you.

Too easy and you won't improve but too hard and you will become demotivated.

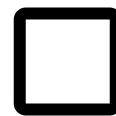
This is why it is so important to follow a structured method such as we have at Beginner Guitar Academy!



## *Action Plan*



FEEL STRETCHED BUT NOT BROKEN



FOLLOWING A STRUCTURED METHOD





# 7 CONSISTENCY RATHER THAN QUANTITY

Be consistent in the what, why and how you practice.

Set aside 10 minutes each day to practice. It is far better to practice 6 days a week for ten minutes than it is to practice once a week for a 60 minutes.

Remember, it is not how many hours you put in but what you put in your hours.

Check out Beginner Guitar Academy for 'what' you should put in your hours.



 *Action Plan*

- SCHEDULE YOUR PRACTICE TIME
- STAY CONSISTENT





# 8 USE A METRONOME

A Metronome is one of the most important tools to have in your guitar kit. They are essential to develop good timing, as well as for tracking progress.

Record your metronome speeds in your notebook we discussed in the second step of this checklist

With your metronome speeds recorded you can easily look back and see your development over time, which will help keep you motivated and moving forward.



*Action Plan*

- PURCHASE OR DOWNLOAD A METRONOME
- START USING IT





# What next...

1

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2

## Read My Blog

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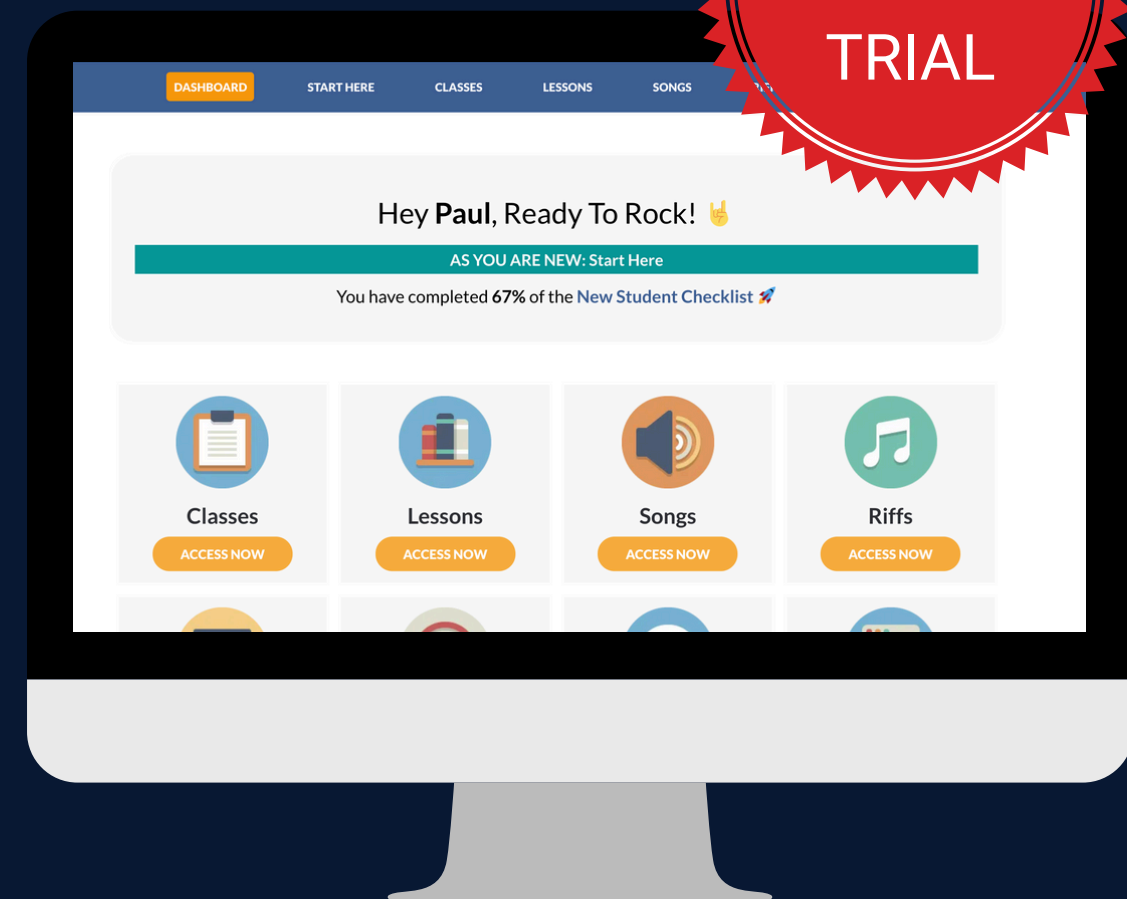
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